



2025
INFORMATION PACK

GINA
MICHAEL

(ONLINE)
WORLDWIDE
DANCE MENTORSHIP

REDIFINE YOUR POTENTIAL.

Gina michael's teaching culture is built on four pillars—**COMMUNITY, DANCE TECHNIQUE, MINDSET GROWTH**, and **SELF-DISCOVERY**—all of which are at the core of your training experience.

Under Gina, you'll develop **confidence**, a **positive mindset**, **teamwork skills**, and a **strong work ethic**. the Worldwide Dance Mentorship is designed to give you the tools to succeed not just in dance, but in all aspects of life.



WHAT WE OFFER.

This unique curriculum, designed by Director **Gina Michael**, is created for dancers seeking individual feedback to elevate their skills. It's for those who want to refine their technique while uncovering and embracing their unique movement style.

No matter where you are in your dance journey—and whether or not you aim to become a professional—this program provides elite training with a strong focus on **personal development, community, and support**.

You'll receive not only high-level **technical training**, but also **mindset coaching** to build resilience, confidence, and a healthy, growth-oriented approach.

Self-discovery and technique go hand in hand. Through mastering the fundamentals, you unlock your creativity and individuality.

Whether you thrive in freestyle or choreography, everything you learn in the Worldwide Dance Mentorship strengthens your foundation and fuels your growth in both.

PROGRAM DIRECTOR.

CAREER HIGHLIGHTS

- World Finals Judge at Hip Hop International, technical director of Hip Hop International Australia, Head Judge of HHI Australia
- Robbie Williams and Delta Goodrem performance in the AFL Grand Final 2022.
- Choreographer for artists including Bliss n Eso, Fatai (The Voice) and Ecce
- Nike x Rebel Campaigns 2022/2023
- Grand Finalist on Australia's Got Talent

GINA MICHAEL

Gina Michael is an Egyptian-Australian choreographer from Melbourne. As an internationally renowned choreographer, she has travelled the world teaching her unique style in over 40 countries.

WATCH VIDEO



PROGRAM DETAILS.

WATCH VIDEO



AGES 12+
COMMITMENT: 1 DAY PER WEEK
1 X 1 HOUR 15 MINUTES

The Worldwide Dance Mentorship, led by Company Director **Gina Michael**, is a globally accessible **Zoom** training program designed for dancers like you—whether you're pursuing dance professionally or passionate about expanding your training. You'll explore Hip Hop foundations while building on other street dance styles, techniques, and mindset training.

If you actively follow Ascendant Dance Company and want to be part of our like-minded dance community but can't attend in person, this program is perfect for you.

Each term, you'll learn from a variety of **international** and **national choreographers** who bring specialised training to elevate your skills.*

All Zoom sessions will be recorded and made available for you to watch at any time that suits your schedule. No matter which time zone you're joining us from, you'll be able to fully participate in the program!

***OPTION 2 ONLY**

PROGRAM DETAILS.

OPTION 1:

THURSDAY TRAINING: Train each week with your Worldwide Team coached by Gina Michael.

PERSONAL FEEDBACK: Gina will propose a dance related task after each Thursday training session. You will have the opportunity to complete this task and receive personalised feedback from Gina before your next class. This will provide the perfect capacity to shape how you approach class and sharpen your dance growth

OPTION 2:

THURSDAY TRAINING
PERSONAL FEEDBACK

COMPANY TRAINING (SUNDAYS): Company Training sessions will include all the teams from Ascendant and will run as a casual class with different guest teachers (local, interstate and/or international) every Sunday.

TERM DATES.

TERM 1	29 JAN - 6 APR
TERM 2	23 APR - 29 JUN
TERM 3	24 JUL - 21 SEPT
TERM 4	9 OCT - 7 DEC

TRAINING SCHEDULE.

OPTION 1

THURSDAYS
10:30AM - 11:45AM

OPTION 2*

THURSDAYS
10:30AM - 11:45AM
+
SUNDAYS
5:30PM - 7:30PM

ALL TIMES ARE MELBOURNE,
AUSTRALIA TIMEZONE

**CLICK HERE TO CONVERT
TO YOUR TIME ZONE!**

***OPTION 2** will only be available for
Term 1 + Term 3 due to Company
Team [Melbourne] preparing for the
End Of Year Showcase

REDEFINE YOUR POTENTIAL.
JOIN A COMMUNITY THAT
INSPIRES GROWTH.

**REGISTER YOUR
INTEREST HERE!**

